

St Hilda's College Gym

In order to use the college gym you must attend a 30-minute induction and sign a membership form. We have a series of inductions planned for the start of term; these will be the only inductions this academic year. If you would like to use the gym please log onto the portal using the link below, and sign up under College Life, Stone Family Gym.

<https://sthildas.starrezhousing.com/StarRezPortalX>

Monday 5th Oct (0th week)	Monday 12th Oct (1st week)	Friday 16th Oct (1st week)
17.00-17.30	17.00-17.30	17.00-17.30
17.30-18.00	17.30-18.00	17.30-18.00
Monday 19th Oct (2nd week)	Friday 23rd Oct (2nd week)	Monday 26th Oct (3rd week)
17.00-17.30	17.00-17.30	17.00-17.30
17.30-18.00	17.30-18.00	17.30-18.00
Friday 30th Oct (3rd week)		
17.00-17.30		
17.30-18.00		

Please note that latecomers will not be allowed to join an induction session so please arrive on time.

If you sign up for an induction but do not attend, you will be charged £10 to cover the cost of the instructor. Another induction can be arranged for you on request at a charge of £30.

The gym is only available to staff and students of the college.

Any questions please contact Sarah Luke at sarah.luke@st-hildas.ox.ac.uk

GYM RULES

Appropriate covered footwear & sports clothing must be worn and towels must be used at all times whilst in the gymnasium.

All weights and equipment must be used appropriately and cleaned and returned to its original position after use.

Only those who have undertaken full induction will be authorised to use the gym.

Shared gym access with a non-member or allowing non-members to tailgate will result in forfeiture of membership effective immediately.

Each member must respect other gym users and behave in an appropriate manner at all times.

St Hilda's College reserves the right to rescind the rights of members not complying with the terms and conditions of the membership.